

HIMALAYAN SALT LAMPS

Ever wonder why you feel so good while visiting a mountaintop, seaside, waterfall, or after a thunderstorm? At these locations a larger quantity of **healthful negative ions** are in the air giving it invigorating freshness and reducing the number of airborne bacteria. Negative ions are **essential for high energy and positive mood**.

Himalayan Salt Lamps help alleviate the symptoms of many diseases. Many health practitioners in Europe, North America, Australia, and Japan use **Himalayan salt lamps**. Common uses for salt lamps are to help relieve allergies, hypertension, respiratory problems, sinus problems, migraine headaches, reduce asthma attacks, enhance the immune system, increase alertness and work productivity, increase lung capacity, and for color therapy. Salt lamps will improve energy and strengthen the nervous system, harmonize the sexual glands, and even promote sexual energy.

Most ionizers on the market are man-made machines, where **Himalayan Salt Lamps** are a beautiful less costly, 100% natural alternative to improve the air quality.

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